HEADIAN PUDIC SCHOOLS "The Hoof Print"~ Home of the Mustangs

Mission Statement:

Meridian Public Schools will educate all students in a safe, nurturing environment while challenging them to develop their integrity, knowledge, and unique talents to become responsible, productive citizens.

Newsletter

Newsletter – June, 2021 Superintendent Randy Kort

The 2020-2021 school year is officially completed. We did it! Thanks to everyone and your continued help to make this year a success.

Meridian is proud to have graduated 12 students this past month. We wish nothing but the best for our graduates as they begin the next steps of this life.

The beginning of summer is always a fun and great time of year. I enjoy driving along the country side and watching the crops starting to grow (knowing in a matter of weeks the corn will be knee high) and seeing the landscape change. It is always great to see the green fields and pastures especially with the rain we have and just hoping we are able to enjoy more rain in June and July.

State track was held on May 19th and 20th. Congratulations to Kailyn Paul, Corin Paul, and Kaylee Pribyl. All 3 did a great job and represented Meridian well. Kailyn finished 12th in the triple jump, Corin finished 9th in the triple jump, Kaylee 21st in the 100 M dash, 11th in the long jump and medaling with a 4th place finish in the pole vault. Great Job!

Please continue to support our students during the summer as baseball and softball season has begun and will continue through June and early July.

Summer School:

The initial letter sent home listed the days for summer school as: June 1, 2, 8, 9, 15, 16, 22, 23, 29, 30 July 6, 13, 20

School Bus Drivers:

If you are interested in becoming a substitute bus driver, please feel free to contact Mr. Kort at 402-446-7265.

www.meridianmustangs.org

Public Notice:

On June 21, 2021, at 12:30 p.m., a meeting conducted by Meridian Public School will take place in Room 113 at Meridian Public School. The purpose of the meeting will be to provide an parents opportunity for and representatives of nonpublic schools to participate in the development of a plan for providing special education services to children with disabilities who attend nonpublic schools and home-schools which are within the Meridian Public School district for the 2021-2022 school year. Parents of a homeschooled child or a child attending a nonpublic school that has been, or may be, identified with a disability and attend a nonpublic school within the boundaries of Meridian Public School, are urged to attend. If you have further questions pertaining to this meeting, please contact Randy Kort at 402-446-7265.



Board of Education Meridian Public Schools District – 48-0303 Daykin, Nebraska, 68338 Monday, May 17, 2021

Regular May 17, 2021 Meeting <u>6:30 P.M.</u>

Meridian Public School Board of Education met on May 17, 2021, as per notice in the Fairbury Journal-News.

President Bartels called the meeting to order at 6:31 p.m. The open meeting law information was presented.

Roll call was taken: Vorderstrasse-Present, Niederklein-present, SobotkaJune, 2021

present, Rut-present, and Bartelspresent. Also present were Superintendent Kort and Principal Scott.

Nothing new was added to the agenda.

Sobotka moved and Niederklein seconded to excuse Scheer from the meeting. Vote taken: Vorderstrasse – aye, Niederklein – aye, Sobotka – aye, Rut – aye, and Bartels – aye. Motion passed 5-0.

No comments were made by the public.

Vorderstrasse moved and Sobotka seconded to approve the consent agenda as presented.

- A: Minutes of Wednesday, April 19, 2021 Regular Meeting
- **B:** District Financial Report
- C: Activity Fund Report
- D: Hot Lunch Fund Report
- E: Bills

Vote taken: Vorderstrasse - aye, Niederklein - aye, Sobotka - aye, Rut aye, and Bartels – aye. Motion passed 5-0.

Curriculum report:

- Teachers are working on updating their curriculum schedules for next school year.
- Mr. Scott is working on the elementary and high school scheduling for the 2021-2022 school year.

Mr. Kort recognized the three state track qualifiers. Kaylee Pribyl (100 meter dash, long jump and pole vault), Corin Paul (triple jump) and Kailyn Paul (triple jump). Kaylee also set a new school record in pole vault with a vault of 10'.

The Board received the Policy 1000's and will review and discuss any questions they may have at the June meeting.

Mr. Lawrence VanderSchaaf would like to be released from his contract for the 2021-2022 school year to take a job at another school district. At this time, the Board will not act as the administration

A Hail to the waysitu Cheer them alana the way

NHail to th	he varsity Cheer them along t	he way 🚺
Page 2	Meridian Public School, District 48-0303	June, 2021
is currently in search of a replacement for Mr. VanderSchaaf. A Special Board Meeting will be held on Monday, May 24, 2021, at 5:30 p.m. to take action. Sobotka moved and Rut seconded to	 (13.14 in 100M, 1st long jump, 1st pole vault – broke her own school record, now 10'). Students' last day is Tuesday, May 18 with a 1:30pm dismissal. Teacher work day and check out is 	New members of the National Honor Society were inducted on Wednesday, April 21. They are Mackenzie Rau, Kaylee Pribyl, Amber Vinsonhaler, Keagan Sones, Alyssa Haake, Bailey Holtmeier, and Kailyn Paul.
approve the hiring of Bryan Becker as the 5^{th} grade teacher. Vote taken: Vorderstrasse - aye, Niederklein - aye, Sobotka - aye, Rut - aye, and Bartels - aye. Motion passed 5-0.	 Wednesday, May 19. Teachers will be attending various professional development workshops this summer through ESU5. 	The Fairbury Elks Lodge recognized students at their honors banquet. Local winners were Lane Barton, Kezia Connealy, Delaney Homolka, Mackenzie Rau, Brynn Holtmeier, Ally
Niederklein moved and Vorderstrasse seconded to approve the hiring of Sarah Thomas as a SPED teacher. Vote taken: Vorderstrasse - aye, Niederklein - aye,	Superintendent's Report: • Update on summer projects ° No Carpet Projects this Summer ° Painting Ceiling, Bleachers,	Kort, Kim Schropfer, and Erica Schwisow. Lane Barton was awarded the Most Valuable Student award.
 Sobotka - aye, Rut - aye, and Bartels - aye. Motion passed 5-0. Principal's Report: Student Count as of May 17, 2021: 107 Elementary Students; 94 Junior High and High School Students 	 Gym Wall, and Other Typical Touch Ups Put Up Fence and Preparing for Cattle Update on Legislative Issues Set a Date for the Board Retreat 	McKenzie Hofstetter was the individual winner of the 8 th grade division of the Thayer Central math contest. The 8 th grade team of McKenzie, Taelyn Filipi, and Samuel Thomas won the 8 th grade team division.
 We have had several inquiries regarding option enrollment for the 2021-2022 school year. New members of the National Honor Society were inducted on 	 ^o Replacing and Selling Old Computers Next Regular Meeting was set for Monday, June 21, 2021, at 5:30 p.m. 	Meridian Drama presented <i>Winnie the</i> <i>Pooh</i> on May 8 and 9. The students did a good job and the play was enjoyed by all who attended.
 Wednesday, April 21. They are Mackenzie Rau, Kaylee Pribyl, Amber Vinsonhaler, Keagan Sones, Alyssa Haake, Bailey Holtmeier, and Kailyn Paul. The Fairbury Elks Lodge recognized 	Sobotka moved and Niederklein seconded to adjourn at 7:11 p.m. Vote taken: Vorderstrasse - aye, Niederklein - aye, Sobotka - aye, Rut - aye, and Bartels - aye. Motion passed 5-0.	The state track meet for Class D was changed to Wednesday, May 19, and Thursday, May 20. This change was to spread out the number of participating students at the track. Classes A & D were Wednesday and Thursday.
students at their honors banquet. Local winners were Lane Barton, Kezia Connealy, Delaney Homolka, Mackenzie Rau, Brynn Holtmeier, Ally Kort, Kim Schropfer, and Erica Schwisow. Lane Barton was awarded the Most Valuable Student award.	Jamie Niederklein, Secretary Meridian District #48-030 Mustang MEMO Mr. Harold Scott	Classes B & C were Friday and Saturday. Congratulations for qualifying for state track go to Corin Paul (2 nd in triple jump), Kailyn Paul (2 nd in triple jump), and Kaylee Pribyl (13.14 in 100M, 1 st long jump, 1 st pole vault – broke her own school record, now 10').
 McKenzie Hofstetter was the individual winner of the 8th grade division of the Thayer Central math contest. The 8th grade team of McKenzie, Taelyn Filipi, and Samuel Thomas won the 	Student Count for 2020-2021 As of 5-17-21 PreK 13 7th 18 Kindergarten 14 8th 19 1st 9 9th 12 2nd 17	Students last day was Tuesday, May 18, with a 1:30pm dismissal. Teacher work day and check out was Wednesday, May 19. Thank you to all staff members for going above and beyond while facing the challenges of this
 8th grade team division. Meridian drama presented "Winnie the Pooh" on May 8 & 9. The state track meet for Class D has been changed and will be held Web and Will be held b	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	school year. Because of your willingness to adapt, we were able to be in-person and close another successful year.
Wednesday, May 19 and Thursday, May 20. This is to spread out the number of participating students at the track. Classes A & D are Wednesday and Thursday. Classes B & C are Friday and Saturday.	Grand Total 201 No change from March We have had several inquiries regarding option enrollment for the	Many of our teachers are planning to attend various professional development workshops this summer through ESU5.
Congratulations for qualifying for state track go to Corin Paul (2nd in triple jump), Kailyn Paul (2nd in triple jump), and Kaylee Pribyl	2021-2022 school year. Some of these families have begun the paperwork to attend Meridian.	MER



Board of Education Meridian Public Schools District – 48-0303 Daykin, Nebraska, 68338 Monday, May 24, 2021 Special Meeting May 24, 2021 5:30 P.M.

Meridian Public School Board of Education met on May 24, 2021, as per notice in the Fairbury Journal-News.

President Bartels called the meeting to order at 5:30 p.m. The open meeting law information was presented.

Roll call was taken: Vorderstrasse-Present, Niederklein-present, Rutpresent, and Bartels-present. Also present were Superintendent Kort and Principal Scott.

Nothing new was added to the agenda.

Niederklein moved and Rut seconded to excuse Scheer and Sobotka from the meeting. Vote taken: Vorderstrasse – aye, Niederklein – aye, Rut – aye, and Bartels – aye. Motion passed 4-0.

Rut moved and Vorderstrasse seconded to accept, with regrets, the resignation of Lawrence VanderSchaaf. Vote taken: Vorderstrasse – aye, Niederklein – aye, Rut – aye, and Bartels – aye. Motion passed 4-0.

Vorderstrasse moved and Rut seconded to approve the hiring of Jacob Nore as the high school social studies teacher. Vote taken: Vorderstrasse - aye, Niederklein - aye, Rut - aye, and Bartels - aye. Motion passed 4-0.

Niederklein moved and Vorderstrasse seconded to adjourn at 5:34 p.m. Vote taken: Vorderstrasse - aye, Niederklein aye, Rut – aye, and Bartels – aye. Motion passed 4-0.

Jamie Niederklein,

Secretary Meridian District #48-030

Meridian Qualified Three for the State Track Meet

Congratulations to Kaylee Pribyl, Kailyn Paul and Corin Paul for qualifying for the State Track Meet in Omaha on May 19-20. Kaylee won both the pole vault and long jump at districts and was an additional qualifier in the 100 M dash. Her 10' vault broke her previous school record of 9' 8". Kailyn and Corin earned second place in districts and both competed in the triple jump. Meridian Public School, District 48-0303

On May 19th, Kaylee took fourth place in the pole vault, earning a medal. She also ran her preliminary 100 M dash, but did not qualify for finals. Kailyn competed in the girls' triple jump.

Corin Paul placed 9th (just missing the medals) in the boys' triple jump and Kaylee Pribyl competed in the long jump on Thursday, May 20th. Congratulations to all our state qualifiers - we are proud of you!

Meridian High School Enrichment Students Take Escape Room Challenge

On Thursday April 29, 2021, the Meridian High School Enrichment students once again were fortunate to be able to travel to Lincoln and take on four challenging Escape Rooms. Escape rooms are themed rooms with a thrilling story, occupants are locked into the rooms and have to find a way out. Occupants have one hour to escape, they must work together find clues, solve problems and puzzles to escape before the time runs out. Meridian students were split into two groups: (the seniors and juniors) and (sophomores and freshman). Each team was fortunate enough to attempt and escape two rooms. One highlight that stood out was the seniors and juniors were able to escape the dark vampire themed LiCastro's Lair. With one second remaining on the clock, the seniors and juniors were able to escape before LiCastro woke up to terrorize them The Meridian Enrichment students are Seniors: Lane Barton, Kezia Connealy, Mackenzie Rau

Juniors: Brynn Holtmeier, Allison Kort, Drew Niederklein, Kenna Placek, Kaitlynn Pollock, Erika Schwisow Sophomores: Chase Bartels, Kailyn Paul Freshmen: Kolton Kumpf, Kymber Schwisow, Evelyn Woitalewicz.

To wrap up the evening, students were treated to a meal at Red Robin gourmet burgers. With the challenges of this school year, this field trip allowed the students a chance to get back to some kind of normalcy in a fun, challenging and safe environment.

2021-2022 PHYSICALS

Jefferson Community Health and Life Fairbury Clinic will be offering sports physicals to students of any grade by

appointment. Kindergarten, 7th Grade, foreign exchange students, and students who move to our district from out of state are also required to have Nebraska physicals and State school immunization requirements must be met. In addition to а physical, Kindergarten, foreign exchange students, and students who move to our district from out of state will need an eye exam. Please call 402-729-3361 to schedule your appointment. Physicals must be completed before August 1, 2021. Students must bring all forms with their name and date of birth on each as indicated - including the medical history form. These forms also require a signature by a parent or guardian. If a student comes to their appointment without completed forms, they will need to reschedule their physical.

The price of each physical without insurance will be \$80 with an additional \$6 charge if a urine sample is required (7th Grade and Kindergarten). If you would like this run through your insurance as a Well Child Check, make sure you have not submitted a Well Child Check within this calendar year and notify the clinic at the time of scheduling. If urine is required, please pick up a sterile cup from the clinic ahead of time.

Physical forms can be found at the back of this newsletter, at the District Office of Meridian Public Schools, or on the NSAA website (nsaa.home). Please fill out all of the attached forms. You *need* to include a signed NSAA Parent and Student Consent form when you turn your physicals in to the school. Student athletes *are NOT* allowed to play without a completed consent form on file at the school.

FBLA

Summer has begun! The FBLA Chapter ended the year by giving back to the community by picking up trash along Highway 4 on May 13th. The chapter would like to thank all the members who helped out along with a few extra volunteers. The members are looking forward to an exciting year next year.

> Wishing everyone an Awesome Summer Break! President, Brynn Holtmeier

STUCO

School is officially out! The Student Council would like to recognize its senior members who graduated this past

June, 2021

V

We'll give a cheer for the varsity... Long may they reign supreme ...

Page 4

month. Congratulations to Kezia Connealy-President, Delaney Homolka-Vice President, Lane Barton, Lindsey Brant, and Mackenzie Rau! Good luck to you all in the future.

StuCo held elections this past month for the 2021-2022 school year. Senior members are Kimberly Schropfer-President, Erika Schwisow-Vice President, Allyson Kort-Secretary/ Treasurer, Brynn Holtmeier-Public Relations, and Emilee Aldrich. Junior members are Kaylee Pribyl-Historian/ Social Media Manager, Bailev Holtemeier. and Jaslvn Ward. Sophomore member Kymber is Schwisow. Freshmen members are Taelyn Filipi-Marquee Master. McKenzie Hoffstetter-Marquee Master, JD Adam, RJ Paul, Braxtyn Rut, Jaylee Sobotka. and Rebecca Vinsonhaler. Congratulations to all of the returning and new members!

Meridian Public School, District 48-0303

As a way to celebrate the end of the year, the Student Council held some fun competitions and activities for the junior high and high school students. Some of those activities were dodgeball, water balloon toss, and a free throw competition along with more. The last day was also the time to recognize the teachers who have done an amazing job and are leaving. The Student Council would like to thank Mr. Hoins for all that he has done for the school. The Student Council would also like to thank one of its advisors, Mr. VanderSchaaf, for all that he has done for the council and the school.

Wishing everyone a Great Summer Break! Public Relations, Brynn Holtmeier

June, 2021

DAYKIN COMMUNITY GARAGE SALE

The Daykin Community Garage Sale has been scheduled for August 13th and 14th, 2021. If you are interested in participating please contact Mary Heidemann at 402-587-0177.

Cornhole Fournament

The Alexandria Presbyterian Church is sponsoring a Cornhole Tournament on Saturday, July 10th, 2021. The games will begin at 2:00 p.m. at the Alexandria Community Building. Valentino's pizza will be available and sold by the slice. For more information, please contact Ross Barton (402-239-8650) or Jordan Wagner (402-768-1736).



MERIDIAN FOUNDATION

The Meridian Foundation has been working behind the scenes to keep our school updated and our students moving forward with their education. Over the passed few years, several projects have been funded by the Foundation.

One of the largest projects we funded was the greenhouse. Thanks to a generous donation from the Dr. Laurence Newall estate, Meridian Foundation purchased the supplies to build the structure and will help furnish the interior with the necessary equipment. Dr. Newall grew up in our area and after teaching high school became the first USDA grass breeder at Lincoln in 1936.

The MCFC (Meridian Community Fitness Center) has been serving our communities for 10 years. Normal wear and tear have made it necessary to update the equipment being used in the Center. The Foundation has purchased new treadmills and weight equipment. There are a few items we ordered that are on back order, however, we are expecting that order to arrive at any moment.

Every school year, the Foundation also awards scholarships to graduating Seniors. The number and amounts are decided after the applications are read by the Committee and approved by the Foundation.

If you would like to donate or contribute in any way to the Foundation, please contact Jason Bartels at 402-446-2005 or jbartels@meridianmustangs.org.







U	Shout `til the echoes ring	For the glory of our team!	
Page 5	Meridian Public Scho	ol, District 48-0303	
PREPARTICIPATIC	N PHYSICAL EVALUATION		

HISTORY FORM

Note: Complete and sign this form (with your parents if younger than 18) before your appointment.

Name:	Date of birth:	
Date of examination:	Sport(s):	
Sex assigned at birth (F.M. or intersex):	How do you identify your gender? (F. M. or other)	

List past and current medical conditions.

Have you ever had surgery? If yes, list all past surgical procedures.

Medicines and supplements: List all current prescriptions, over-the-counter medicines, and supplements (herbal and nutritional).

Do you have any allergies? If yes, please list all your allergies (ie, medicines, pollens, food, stinging insects).

Over the last 2 weeks, how often have you been l	bothered by any of	the following prob	lems? (Circle response.,	1
	Not at all	Several days	Over half the days	Nearly every day
Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3

(Exp	IERAL QUESTIONS lain "Yes" answers at the end of this form. le questions if you don't know the answer.)	Yes	No
1.	Do you have any concerns that you would like to discuss with your provider?		
2.	Has a provider ever denied or restricted your participation in sports for any reason?		
3.	Do you have any ongoing medical issues or recent illness?		
HEA	RT HEALTH QUESTIONS ABOUT YOU	Yes	No
4.	Have you ever passed out or nearly passed out during or after exercise?		
5.	Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
6.	Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?		
7.	Has a doctor ever told you that you have any heart problems?		
8.	Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography.		

	RT HEALTH QUESTIONS ABOUT YOU NTINUED)	Yes	No
9.	Do you get light-headed or feel shorter of breath than your friends during exercise?		
10.	Have you ever had a seizure?		
HEA	RT HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
11.	Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 years (including drowning or unexplained car crash)?		
12.	Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTS), Brugada syndrome, or catecholaminergic poly- morphic ventricular tachycardia (CPVT)?		
13.	Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?		

¥. .

June, 2021

Page 6

Go Mustangs!

Meridian Public School, District 48-0303

June, 2021

BON	e and joint questions	Yes	No
14.	Have you ever had a stress fracture or an injury to a bone, muscle, ligament, joint, or tendon that caused you to miss a practice or game?		
15.	Do you have a bone, muscle, ligament, or joint injury that bothers you?		
MEC		Yes	No
16.	Do you cough, wheeze, or have difficulty breathing during or after exercise?		
17.	Are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?		
18.	Do you have groin or testicle pain or a painful bulge or hernia in the groin area?		
19.	Do you have any recurring skin rashes or rashes that come and go, including herpes or methicillin-resistant <i>Staphylococcus aureus</i> (MRSA)?		
20.	Have you had a concussion or head injury that caused confusion, a prolonged headache, or memory problems?		
21.	Have you ever had numbness, had tingling, had weakness in your arms or legs, or been unable to move your arms or legs after being hit or falling?		
22.	Have you ever become ill while exercising in the heat?		
23.	Do you or does someone in your family have sickle cell trait or disease?		
24.	Have you ever had or do you have any prob- lems with your eyes or vision?		

MEC	ICAL QUESTIONS (CONTINUED)	Yes	No
25.	Do you worry about your weight?		
26.	Are you trying to or has anyone recommended that you gain or lose weight?		
27.	Are you on a special diet or do you avoid certain types of foods or food groups?		
28.	Have you ever had an eating disorder?		
FEM	ALES ONLY	Yes	No
29.	Have you ever had a menstrual period?		
30.	How old were you when you had your first menstrual period?		
31.	When was your most recent menstrual period?		
32.	How many periods have you had in the past 12 months?		

Explain "Yes" answers here.

I hereby state that, to the best of my knowledge, my answers to the questions on this form are complete and correct.

Signature of athlete: _

Signature of parent or guardian: _____

Date:

^{© 2019} American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, and American Osteopathic Academy of Sports Medicine. Permission is granted to reprint for noncommercial, educational purposes with acknowledgment.

Go Mustangs!

Page 7

Meridian Public School, District 48-0303

June, 2021

PREPARTICIPATION PHYSICAL EVALUATION ATHLETES WITH DISABILITIES FORM: SUPPLEMENT TO THE ATHLETE HISTORY

Name: _

Date of birth: _

1.	Type of disability:		
2.	Date of disability:		
3.	Classification (if available):		
4.	Cause of disability (birth, disease, injury, or other):		
5.	List the sports you are playing:		
		Yes	No
6.	Do you regularly use a brace, an assistive device, or a prosthetic device for daily activities?		
7.	Do you use any special brace or assistive device for sports?		
8.	Do you have any rashes, pressure sores, or other skin problems?		
9.	Do you have a hearing loss? Do you use a hearing aid?		
10.	Do you have a visual impairment?		
11.	Do you use any special devices for bowel or bladder function?		
12.	Do you have burning or discomfort when urinating?		
13.	Have you had autonomic dysreflexia?		
14.	Have you ever been diagnosed as having a heat-related (hyperthermia) or cold-related (hypothermia) illness?		
15.	Do you have muscle spasticity?		
16.	Do you have frequent seizures that cannot be controlled by medication?		
Expl	ain "Yes" answers here.		

Please indicate whether you have ever had any of the following conditions:

Radiographic (x-ray) evaluation for atlantoaxial instabilityIDislocated joints (more than one)IEasy bleedingIEnlarged spleenIHepatitisIOsteopenia or osteoporosisIDifficulty controlling bowelIDifficulty controlling badderINumbness or tingling in arms or handsINumbness or tingling in legs or feetIWeakness in legs or feetIRecent change in coordinationIII		Yes	No
Dislocated joints (more than one)Image: Second	Atlantoaxial instability		
Easy bleedingImage: SpleenImage: SpleenHepatitisImage: SpleenImage: SpleenHepatitisImage: SpleenImage: SpleenOsteopenia or osteoporosisImage: SpleenImage: SpleenDifficulty controlling bowelImage: SpleenImage: SpleenDifficulty controlling bladderImage: SpleenImage: SpleenNumbness or tingling in arms or handsImage: SpleenImage: SpleenNumbness or tingling in legs or feetImage: SpleenImage: SpleenWeakness in legs or feetImage: SpleenImage: SpleenRecent change in coordinationImage: SpleenImage: Spleen	Radiographic (x-ray) evaluation for atlantoaxial instability		
Enlarged spleen Image: Splee	Dislocated joints (more than one)		
HepatitisImage: Control in the probability control	Easy bleeding		
Osteopenia or osteoporosis Image: Controlling bowel Image: Controlling bowel Image: Controlling bowel Image: Controlling bladder Difficulty controlling bladder Image: Controlling bladder Image: Controlling bladder Image: Controlling bladder Numbness or tingling in arms or hands Image: Controlling bladder Image: Controlling bladder Image: Controlling bladder Numbness or tingling in legs or feet Image: Controlling bladder Image: Controlling bladder Image: Controlling bladder Weakness in arms or hands Image: Controlling bladder Image: Controlling bladder Image: Controlling bladder Weakness in legs or feet Image: Controlling bladder Image: Controlling bladder Image: Controlling bladder Recent change in coordination Image: Controlling bladder Image: Controlling bladder Image: Controlling bladder	Enlarged spleen		
Difficulty controlling bowel Image: Controlling bladder Difficulty controlling bladder Image: Controlling bladder Numbness or tingling in arms or hands Image: Controlling bladder Numbness or tingling in legs or feet Image: Controlling bladder Weakness in arms or hands Image: Controlling bladder Weakness in legs or feet Image: Controlling bladder Recent change in coordination Image: Controlling bladder	Hepatitis		
Difficulty controlling bladder Image: Second se			
Numbness or fingling in arms or hands Image: Comparison of the set of the s			
Numbness or fingling in legs or feet Image: Comparison of the set of the se	Difficulty controlling bladder		
Weakness in arms or hands Image: Comparison of the second data and the second da	Numbness or fingling in arms or hands		
Weakness in legs or feet Image: Image of the second se			
Recent change in coordination	Weakness in arms or hands		
	Weakness in legs or feet		
Recent change in ability to walk			
	Recent change in ability to walk		
	Spina bifida		
Latex allergy	Latex allergy		

Explain "Yes" answers here.

I hereby state that, to the best of my knowledge, my answers to the questions on this form are complete and correct. Signature of athlete:

Signature of parent or guardian: _

Date:

^{© 2019} American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, and American Osteopathic Academy of Sports Medicine. Permission is granted to reprint for noncommercial, educational purposes with acknowledgment.

Go Mustangs!

Page 8

Meridian Public School, District 48-0303

PREPARTICIPATION PHYSICAL EVALUATION

PHYSICAL EXAMINATION FORM

Name:

Date of birth:

June, 202

PHYSICIAN REMINDERS

EVAMINIATION

- 1. Consider additional questions on more-sensitive issues.
 - Do you feel stressed out or under a lot of pressure?
 - Do you ever feel sad, hopeless, depressed, or anxious?
 - Do you feel safe at your home or residence?
 - Have you ever tried cigarettes, e-cigarettes, chewing tobacco, snuff, or dip?
 - During the past 30 days, did you use chewing tobacco, snuff, or dip?
 - Do you drink alcohol or use any other drugs?
 - Have you ever taken anabolic steroids or used any other performance-enhancing supplement?
 - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
 - Do you wear a seat belt, use a helmet, and use condoms?
- 2. Consider reviewing questions on cardiovascular symptoms (Q4-Q13 of History Form).

Heig	ht:			Weight:					
BP:	1	(/	1	Pulse:	Vision: R 20/	L 20/	Corre	cted: □Y	
-		()	1	101001		2207	00110	NORMAL	ABNORMAL FINDINGS
a la	earance						_		
		mata (kyph	oscoli	osis, high-arched	palate, pectus excavatum, arac	hnodactyly, hyper	laxity,		
n	nyopia, mit	ral valve pi	rolaps	se [MVP], and aor	tic insufficiency)				
		e, and throa	at						
	opils equal								
	learing								
Lymp	oh nodes								
Hear									
		uscultation	stand	ing, auscultation s	supine, and ± Valsalva maneuve	er)			
Lung	in								
	omen								
Skin	1	1 • 0	101.0	1 • •		111	DCAL		
100	inea corpoi		157),	lesions suggestive	of methicillin-resistant Staphylc	coccus aureus (M	KSAJ, or		
-	rological	15							
	SCULOSKE	ETAI	-					NORMAL	ABNORMAL FINDINGS
Nec			_				_	NORMAL	ADINORMALTINDINOS
Back									
	Jlder and a	rm							
Elbo	w and fore	arm							
Wris	t, hand, ar	nd fingers							
Hip	and thigh								ĺ
Knee	e								
Legio	and ankle								
Foot	and toes								
Func	tional								
Concession of the local division of the loca			~	<u> </u>	d box drop or step drop test			-	
					ferral to a cardiologist for abnormal c				
		are professio	onal (j	print or type):					
Addre	0.20			.1		Pho	one:		
		h care profe Academy of			an Academy of Pediatrics, America	College of Sports A	Aedicine A		DO, NP, or PA
Americ	an Orthopa		for Spo	orts Medicine, and A	American Osteopathic Academy of S				
	oy give permis cs and activit		elease c	f the attached student	t medical history and the results of the	actual physical exami	nation to th	e school for the p	urposes of participation in
Parent	or Legal Gua	rdian Signatı	lre.					Date	

	Go Mustangs!	<u> </u>
Page 9	Meridian Public School, District 48-0303	June, 2021
PREPARTICIPATIO	N PHYSICAL EVALUATION	
MEDICAL ELIGIBILITY	Y FORM	
Name:	Date of birth:	3
□ Medically eligible for all sp	orts without restriction	
□ Medically eligible for all sp	orts without restriction with recommendations for further evaluation or treatment of	
 Medically eligible for certain 	in sports	
 Not medically eligible pend 	ling further evaluation	
□ Not medically eligible for a	iny sports	
Recommendations:		
I have examined the studer		
apparent clinical contraind examination findings are o arise after the athlete has b	It named on this form and completed the preparticipation physical evaluation. Th ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of the een cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians).	copy of the physical he parents. If conditions
apparent clinical contraind examination findings are o arise after the athlete has b	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of t been cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians).	copy of the physical he parents. If conditions
apparent clinical contraind examination findings are o arise after the athlete has b and the potential conseque	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of t been cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians).	copy of the physical he parents. If conditions
apparent clinical contraind examination findings are o arise after the athlete has b and the potential conseque Name of health care professio Address:	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of the even cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians). nal (print or type): Date:	copy of the physical he parents. If conditions ntil the problem is resolved
apparent clinical contraind examination findings are o arise after the athlete has b and the potential conseque Name of health care professio Address:	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of the even cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians). nal (print or type): Date: Phone: ssional:	copy of the physical he parents. If conditions ntil the problem is resolved
apparent clinical contraind examination findings are o arise after the athlete has b and the potential conseque Name of health care professio Address:	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of the even cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians). nal (print or type): Date: Phone: ssional:	copy of the physical he parents. If conditions ntil the problem is resolved
apparent clinical contraind examination findings are o arise after the athlete has b and the potential conseque Name of health care professio Address:	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of the even cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians). nal (print or type): Date: Phone: ssional:	copy of the physical he parents. If conditions ntil the problem is resolved
apparent clinical contraind examination findings are o arise after the athlete has b and the potential conseque Name of health care professio Address:	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of the even cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians). nal (print or type): Date: Phone: ssional:	copy of the physical he parents. If conditions ntil the problem is resolved
apparent clinical contraind examination findings are o arise after the athlete has b and the potential conseque Name of health care professio Address:	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of the even cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians). nal (print or type): Date: Phone: ssional: INFORMATION	copy of the physical he parents. If conditions ntil the problem is resolved
apparent clinical contraind examination findings are o arise after the athlete has b and the potential conseque Name of health care profession Address: Signature of health care profess SHARED EMERGENCY Allergies: Medications:	ications to practice and can participate in the sport(s) as outlined on this form. A n record in my office and can be made available to the school at the request of the even cleared for participation, the physician may rescind the medical eligibility un nces are completely explained to the athlete (and parents or guardians). nal (print or type): Date: Phone: ssional: INFORMATION	copy of the physical he parents. If conditions ntil the problem is resolved

© 2019 American Academy of Family Physicians, American Academy of Pediatrics, American College of Sports Medicine, American Medical Society for Sports Medicine, American Orthopaedic Society for Sports Medicine, and American Osteopathic Academy of Sports Medicine. Permission is granted to reprint for noncommercial, educational purposes with acknowledgment.

Go Mustangs!

Page 10

Meridian Public School, District 48-0303

June, 2021

To be completed for students participating in any NSAA activities.		Student and Parent Consent Form	AVCA)	
School Year: 20 Member School:	20			
Name of Student: Date of Birth:		Place of Birth:		

The undersigned(s) are the Student and the parent(s), guardian(s), or person(s) in charge of the above-named Student and are collectively referred to as "Parent".

The Parent and Student hereby:

(1) Understand and agree that participation in NSAA sponsored activities is voluntary on the part of the Student and is a privilege;

(2) Understand and agree that (a) by this Consent Form the NSAA has provided to the Parent and Student of the existence of potential dangers associated with athletic participation; (b) participation in any athletic activity may involve injury or illness of some type; (c) the severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death; (d) the severity of an illness, including contagious diseases such as the COVID 19 virus, and bacterial infections may be so severe as to result in disability and death; and, (e) even the best coaching, the use of the best protective equipment and strict observance of rules, injuries are still a possibility;

(3) Consent and agree to participation of the Student in NSAA activities subject to all NSAA by-laws and rules interpretations for participation in NSAA sponsored activities, and the activities rules of the NSAA member school for which the Student is participating; and,

(4) Consent and agree to (a) the disclosure by the Member School at which the Student is enrolled to the NSAA, and subsequent disclosure by the NSAA, of information regarding the Student, including the student's name, address, telephone listing, electronic mail address, photograph, date of and place of birth, major fields of study, dates of attendance, grade level, enrollment status (e.g., full-time or part-time), participation in officially recognized activities and sports, weight and height of as a member of athletic teams, degrees, honors and awards received, statistics regarding performance, records or documentation related to eligibility for NSAA sponsored activities, medical records, and any other information related to the Student's participation in NSAA sponsored activities; and, (b) the Student being photographed, video recorded, audio taped, or recorded by any other means while participating in NSAA activities and contests, consent to and waive any privacy rights with regard to the display of such photographs or recordings or to the broadcast, sale or display of such photographs or recordings.

(5) Consent and agree to authorize licensed sports injury personnel to evaluate and treat any injury or illness that occurs during the student's participation in NSAA activities. This includes all reasonable and necessary preventive care, treatment and rehabilitation for these injuries. This would also include transportation of the student to a medical facility if necessary. Such licensed sports injury personnel are independent providers and are not employed by the NSAA.

(6) Acknowledge that Parents are obligated to pay for professional medical and/or related services; the NSAA shall not be liable for payment of such services. We give permission to any and all of the Student's health care providers and the NSAA and its employees, staff, agents, and consultants to release and discuss all records and information about the Student including otherwise confidential medical information and records. We understand that this release has been requested and may be used for the purpose of determining eligibility pertaining to activities participation, fitness, injury, injury status, or emergency.

I acknowledge that I have read paragraphs (1) through (6) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities.

Name of Student [Print Name]

Student Signature

Date

(I am)(We are) the Student's [circle appropriate choice] (Parent) (Guardian). (I)(We) acknowledge that (I)(We) have read paragraphs (1) through (6) above, understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities. Having read the warning in paragraph (2) above and understanding the potential risk of injury to my Student, (I)(we) hereby give (my)(our) permission for ______ [insert student name] to practice and compete for the above named high school in activities approved by the NSAA, except those crossed out below:

Baseball	Basketball	Bowling	Cross Country	Debate	Football	Golf	Journalism
Music	Play Production	Soccer	Softball	Speech	Swim/Dive	Tennis	Track & Field
Unified Bowling	Unified Track & Field	Volleyball	Wrestling				

Parent(s)/Guardian Printed Name(s)*	Parent/Guardian Signature	Date of Signature

*Both Mother and Father must sign, unless parents are divorced, the custodial parent must sign, or if the student is not living with parents, the student's legal guardian. Revised June 2020

MON JUNE 28TH

WED JUNE 30TH

ALL-STAR GAME TUES JULY 13TH

FRI JULY 2ND

DEWITT OR

PLYMOUTH

	Go M	ustangs!		U	
	Meridian Public Scl	hool, District 48-0303		June, 2021	
8's Ex 10's Ex	eter-Milligan vs Mer	idian @ Davkin	6:00 PM 7:00 PM		
10's Do	rchester vs Meridian	ı @ Daykin	6:00 PM 7:00 PM 8:15 PM		
10's Me	ridian vs BDS @ Shi	ckley	6:00 PM 7:00 PM 8:15 PM		
8's Me 10's Me 12's Me	ridian @ Plymouth ridian @ Plymouth ridian @ Plymouth		5:00 PM 6:00 PM 7:00 PM		
8's Fri 10's Fri 12's Fri	end vs Meridian @] end vs Meridian @] end vs Meridian @]	Daykin Daykin	5:00 PM 6:00 PM 7:00 PM 8:15 PM		
			6:00 PM 7:00 PM		
10's Me 14's Me	ridian @ DeWitt ridian @ DeWitt		6:00 PM 7:00 PM		
	ian @ Gene	va @ DeWitt	14's June 25-27 @ Friend		
Deshler v BDS vs N	ys Meridian @ Dayk		6:00 PM 8:30 PM		
Meridian	vs Exeter-Milligan @		6:30 PM 8:00 PM		
			6:00 PM 8:30 PM		
			6:30 PM 8:00 PM		
DISTRIC	TT TOURNAMENT	a) HASTINGS			
			5:00 PM 6:30 PM		
Meridian Meridian	vs Blue Springs @ Pl vs Plymouth @ Plym	ymouth outh	7:15 PM 8:00 PM		
Meridian	vs McCool Junction (McCool Junction	7:15 PM 8:30 PM		
			<u>.</u> July 10-1	0	
			Nati	ional League	
		e	Game Time 8:30 PM		
				Home	
WILBER WHITE	MERIDIAN	WILBER WHITE	MERIDIAN	WILBER WHITE	
WILBER BLACK	MERIDIAN	WILBER BLACK	MERIDIAN	WILBER BLACK	
	FAIRBURY LEI	MERIDIAN			
DORCHESTER	MERIDIAN	DORCHESTER	MERIDIAN FRIEND RED		
MERIDIAN	DEWITT	MERIDIAN	FAIRBURY BI	DE MERIDIAN	
MERIDIAN	FAIRBURY LEI	MERIDIAN	WILBER BLAC	K MERIDIAN	
GENEVA BLACK	MERIDIAN	GENEVA BLACK	MERIDIAN	GENEVA PURPLE	
NOT COUNT	TOWARDS	LEAGUE	TOURNAMEN	T SEEDING	
	MERIDIAN	FAIRBURY LEI			
	TOUDNUMENT		TOUDNUNDE		
	TOURNAMENT		TOURNAMNE	1	
	8's Exc 10's Exc 8's Do 10's Do 14's Do 8's Me 10's Me 12's Me 10's Me 12's Me 14's Me 14's Me 8's Fri 10's Fri 12's Fri 14's Fri 10's Me 14's Me 10's Me 14's Me 14's Me 10's Me 14's Me 14's Me 10's Me 14's Me 1	Meridian Public Sel FunFrAl 8's Exeter-Milligan vs Mer 10's Exeter-Milligan vs Meridian 10's Dorchester vs Meridian 10's Dorchester vs Meridian 10's Meridian vs BDS @ Shi 10's Meridian vs BDS @ Shi 10's Meridian @ Plymouth 12's Friend vs Meridian @ 1 10's Friend vs Meridian @ 1 10's Friend vs Meridian @ 1 10's Meridian @ DeWitt 14's Meridian @ Daykin Meridian vs Exeter-Milligan @ Meridian vs Shickley @ Shickley Meridian vs Red Cloud ws Meridian @ Daykin Meridian vs Red Cloud @ Red Meridian vs Red Cloud @	Meridian Public School, District 48-0303 Fun FrAII Schedule 8's Exeter-Milligan vs Meridian @ Daykin 10's Exeter-Milligan vs Meridian @ Daykin 10's Dorchester vs Meridian @ Daykin 10's Dorchester vs Meridian @ Daykin 10's Meridian vs BDS @ Shickley 10's Meridian @ Plymouth 12's Meridian @ Plymouth 12's Meridian @ Plymouth 12's Meridian @ Daykin 14's Meridian @ Daykin 14's Meridian @ Daykin 10's Meridian @ DeWitt 14's Meridian @ DeWitt 14's Meridian @ Daykin 10's Meridian vs DeCool Junction	Weridian Public School, District 48-0303 Fun FrAI Schedule 8's Exeter-Milligan vs Meridian @ Daykin 6:00 PM 10's Exeter-Milligan vs Meridian @ Daykin 7:00 PM 8's Dorchester vs Meridian @ Daykin 6:00 PM 10's Dorchester vs Meridian @ Daykin 7:00 PM 11's Dorchester vs Meridian @ Daykin 8:15 PM 8's Meridian vs BDS @ Shickley 7:00 PM 12's Meridian @ Plymouth 5:00 PM 12's Meridian @ Plymouth 5:00 PM 12's Meridian @ Plymouth 5:00 PM 12's Meridian @ Plymouth 8:15 PM 8's Friend vs Meridian @ Daykin 6:00 PM 10's Meridian @ Daykin 6:00 PM 10's Meridian @ Daykin 6:00 PM 10's Meridian @ Daykin 8:15 PM 10's Meridian @ Daykin 6:00 PM 10's Meridian @ Daykin 8:15 PM 10's Meridian @ Daykin 8:16 PM 10's Meridian @ Daykin	

SUN JUNE 27TH

TUES JUNE 29TH

THURS JULY 1ST DORCHESTER

OR

FRIEND DEWITT SAT JUNE 26TH **MON JUNE 28TH** WED JUN 30TH

FAIRBURY

